



About the Thomas M. Wernert Center

The Thomas M. Wernert Center is a warm, inviting environment built on peer support and individual recovery. We provide a safe and welcoming campus for members to socialize, receive support, and obtain mental health education.

TMWC is part of the community mental health system



providing services in Lucas County. We are funded by the Mental Health and Recovery Services Board of Lucas County, private contributions, fundraising, and grants. TMWC is certified by the Ohio Department of Mental Health & Addiction Services as a Consumer/Peer Operated Service. This certification means that as peers, we know first-hand the challenges of living with mental health recovery and wellness.



How You Can Help

A gift of any size to TMWC will immediately go to work to help make a difference in the lives of our members. Your generosity allows us to provide critical resources and support for mental health recovery, while fighting the stigma that surrounds living with mental illness.

Donations may easily be made online at wernertcenter.org. Volunteer opportunities and internships are also available.



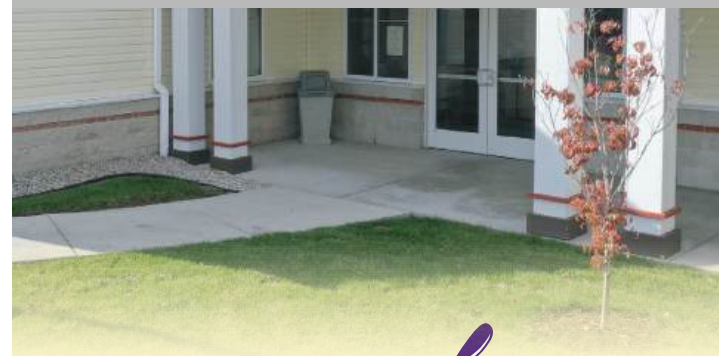
THOMAS M. WERNERT CENTER
FOR MENTAL HEALTH RECOVERY & SUPPORT

208 W. Woodruff Avenue
Toledo, OH 43604
419.242.3000
info@wernertcenter.org

wernertcenter.org



mental health recovery together



THOMAS M. WERNERT CENTER
FOR MENTAL HEALTH RECOVERY & SUPPORT

We Believe in Your Recovery together

At the Thomas M. Wernert Center, we help people on their journey toward mental health recovery and wellness through peer-to-peer programs and activities. Who knows better what you're feeling than those of us who have lived experience with mental illness and recovery. Our certified peer supporters provide members with hope, encouragement, and support.



Our Programs and Services

TMWC programs and activities offer a unique perspective to our members that they won't find in a clinical setting. Our members engage in peer relationships based on mutual sharing of lived experience as well as success stories that foster hope, build confidence, and enhance their daily lives.



Members can choose from a wide array of educational, support, and recreational options based on their interests and needs, including:

- Multi-session educational courses
- Peer-to-peer group support sessions
- Computer lab use and skills tutorials
- Expressive art classes, supplies, and materials
- Fitness equipment and instruction
- Gardening, games, activities, and field trip opportunities

For a full schedule of events and activities, please visit wernertcenter.org/calendar.



Become a Member

TMWC offers daily opportunities to engage in meaningful activities, make friends, and have fun. To qualify, individuals must be 18 years or older, live in Lucas County, have a diagnosed mental illness, and receive mental health services.



**For more information, call 419.242.3000
and ask about membership.**