



THOMAS M. WERNERT CENTER

For Mental Health Recovery and Support

February 2010



Computer Lab Open: Monday, Thursday and Friday 10a—12p

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Women's & Men's Peer Club Meeting 1p	2 Ping Pong Contest 1p, Make New Friends!	3 Valentine Craft Making 12p	4 SA 1p Leadership Training Class 1-3p	5 DARC 12P Chili w/Salad for Supper Club 1p. Join us!	6 Closed
7 Closed	8 Women's Peer Club Meeting 1p Get rid of cabin fever at TMWC!	9 Romantic Comedy Movie 12p	10 Let's make Valentine Candy, 12 p, RSVP with Stacey or Beth	11 DBSA 1p Writer's Club 2p Leadership Training 1-3p	12 DARC 12p Pasta w/Salad & Dessert 1p	13 Closed
14 Closed	15 Women's & Men's Peer Club Meeting 1p	16 Cards & Games 1p We will deal you a good hand here!	17 BINGO 1P Prizes galore and lots of fun!	18 SA 1P Leadership Training 1-3p	19 DARC 12p Chef's Surprise, come dine with us at 1p. Mmm...	20 Closed
21 Closed	22 Women's Peer Club Meeting 1p	23 Backgammon 1p Don't be afraid, we will teach you! BINGO 2p	24 Reading Short Stories by Maxine 1p	25 DBSA 1p Leadership Training 1-3p	26 DARC 12p Hamburgers and Potatoes for Supper Club 1p.	27 Closed
28 Closed						

Thomas M. Wernert Center
 208 West Woodruff Avenue
 Toledo, OH 43604
 Phone: 419.242.3000
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Hours of Operation:
 Monday through Friday 9 am – 4 pm
 (Aim High programming 9 am-1 pm, M-TH)
 Ilse's Café will return on April 7, 2010.

SA: Schizophrenics Anonymous—meeting for members living with Schizophrenia
DBSA: Depression and Bipolar Support Alliance— meeting for those members living with Depression and/or Bipolar Disorder.
DARC: Drug and Alcohol Recovery for Consumers – meeting for those members living with both mental illness and substance abuse issues.
Women's Peer Club: Discussion meetings for women on various topics, including activities.
Men's Peer Club: Discussion meetings for men on various topics, including activities.

Quote of the day: "Try to find good in everything, for it is always there waiting to be discovered."
 - Anonymous